

*Malti*  
B H O J W A N I



# Malti

BHOJWANI

Life Coach | Author | Facilitator | Speaker

[www.maltibhojwani.com](http://www.maltibhojwani.com)

Malti Bhojwani first got involved in personal development through a life changing workshop inspired by the Human Potential Movement back in 1998 and then a few Anthony Robbins trainings. It was at the time when Life Coaching just started to gain international popularity as a professional practice that she realized her own calling.

Malti trained at first with the ICA, (International Coach Academy) and gained her experience and credentials as a PCC (Professional Certified Coach with the ICF - International Coach Federation), trained in Ontological Coaching and NLP - Neuro Linguistic Programming. She embraced the 11 core competencies of the ICF and uses the Body-Emotion-Language models in all facets of service in personal development.

She started writing articles from her heart after her own divorce which were internationally appreciated, translated and that later led to her authoring her books.

She is authentic and shares from her heart mixing humour and analogies to keep readers, listeners and participants of her experiential workshops engaged. She uses real life examples from every day experiences to help illustrate new perspectives people can use to make changes in their own lives to what they say they want to be, do and have.

Being a young mother of a beautifully independent 21 year old daughter has also given her a lot of life experiences which she has personally grown from. Malti's life has been a work in progress as she continues to find her balance and walk her talk.

Her vision is to empower and inspire women (and men) internationally to be the best they can in thought, word and deed . Her mission is to touch millions of lives internationally reconnecting people with their strength, personal power, compassion and overall sense of gratitude.

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